

Hand Analysis Journal

\$4.00

Volume 1, Issue 4



Star Hand

**AMELIA
EARHART**

Page 11

*Amelia Earhart -
June 25, 1933*

From the Editors

Well, here it is, the *Hand Analysis Journal's* fourth edition. We've come a long way. We thank you who have contributed and supported this unique publication and we are very pleased with the feedback we have received from you, our readers and subscribers.

Our original intent was to publish four times a year. However, as you can see, this hasn't happened. This past year, even once was difficult. At this point, what we have decided to do is publish as often as we can without a set schedule. A subscription will still be for four issues. This issue completes Volume 1, and the next issue will be the first of Volume 2. We will continue to endeavor to bring you the most professional journal possible, with more and more articles from palmists around the world. Please bear with our less than regular issues until such time as the HAJ can afford to be published more frequently.

Thanks again for your support and good wishes.

The Editors

The *Hand Analysis Journal* is published by the International Institute of Hand Analysis, Box 1313, San Rafael, CA 94915.

Subscriptions are \$16 for 4 issues.

The editors reserve the right to edit any material submitted. Artwork must be camera-ready. Last submission date will be 45 days before publication for articles, ads, and calendar listings.

Ads are \$100/full page, \$60/half page, \$35/one quarter page, \$15/business card size. Calendar listings are free to subscribers.





Copyright © 1990 International Institute of Hand Analysis. All rights reserved.

Editors: Richard Unger, Nikki Ragsdale
Production Arts: John Johnston, Sikha, Allison Hershey

CONTENTS

| | |
|------------------------|----|
| From the Readers | 1 |
| Hand Map | 2 |
| Palmists' Poll | 20 |
| Announcements | 20 |
| Calendar | 21 |

Columns

| | |
|--|----|
|  Language of the Hand: A Column for Beginners by Nikki Ragsdale | 1 |
|  Book Review by Candace Barrett-Barger | 7 |
|  Star Hand by Richard Unger | 11 |
|  Current Research by Richard Unger | 13 |

Articles

| | |
|--|----|
| What is Palmistry? by Ghanshyam Singh Birla | 9 |
| The Right Question by Richard Unger | 12 |
| Child Psychology and Cheirology by Terence Duke | 16 |

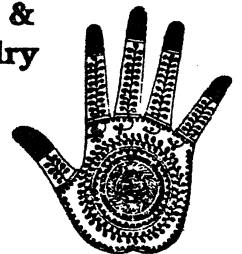
Healing Hand Amulets & Other Gemstone Jewelry

Katya

Gaia Bookstore, Berkeley
Heartsong, Berkeley
WomenCraft West, S.F.

or 658-8815

Gemstone consultations also available.



From the Readers

Dear Editors:

Being a novice in the field, I cannot evaluate all what I read in your first three issues. Yet the material was very interesting and I feel I have gained much information; very interesting information.

Enclosed find my checks. Am looking forward to receive the fourth issue.

Good luck,
Sincerely yours,
Shala Blumenthal

Dear Editors:

What on earth possessed you to send me the first 3 numbers of the *Hand Analysis Journal* is a good question, since I explained clearly when I sent you my second subscription that I have them. What I wanted was the subsequent numbers. There was no hint in those first numbers to show that the operation was slowing down to a once a yearly magazine. You could have told me that upon receiving my letter in May - and stated the obvious, that your International Institute of Hand Analysis is not interested in sceptical followers. Or - what is more likely - that the operation is folding up, as usual. Or something. I would not have been surprised and would have cut my losses quietly. There is not much I can do from the other side of the world if the whole thing was more a trick-operation than a serious attempt - nor if it was a serious attempt gone bankrupt. Whatever the case, it is a pity it is so. I still believe that palmistry deserves some serious research.

The three old numbers are no good to me, nor do I think they are of any value to you, so I am not going to pour more money down the drain by posting them back to you. In case of really coming out with further numbers, I hope you will have the decency to send them to me. It will be a delightful surprise if that happens!

Sceptically Yours,
V. Marosszeky
Glenfield, Australia

Thanks for writing and for renewing your subscription. In between issues, we often use back issues to introduce people to the HAJ or to hand analysis in general. Folks who haven't seen them before find them interesting and still purchase them. So we thought you might find them useful too.

We can understand your feelings at not hearing from us for so long. Other subscribers were also wondering. Publication has been a challenging process for us. Production is expensive and time-consuming, and we also experienced some major changes in our personal lives.

Nevertheless, our intent has been to continue and we are gratified that we have not been forgotten. It is our goal eventually to become a fully-fledged magazine, with regular issues. This will require a higher level of funding than we currently enjoy. In the meantime, we aim to continue as best we can. For ways to help, see From the Editors, Vol. 1, Issue 3, or inside the back cover of this issue. Thanks again for your comments.



Language of the Hand A Column for Beginners "The Heart Line" by Nikki Ragsdale

I am happy to be continuing this series for beginners. In the previous issues of the HAJ, we have been looking at the lines: those changing representatives of nervous system activity and living road-maps of the psyche. We have covered two of the "major lines", the life line and the head line. This issue, our focus is on the heart line.

As I have explained in earlier HAJ's, this column is not written as an instruction in itself in the art of Hand Analysis, but as an adjunct to and expansion of your own study. Since the art of Hand Analysis is a lifelong study, I hope this will also be of interest to the more seasoned. I do encourage you to read widely, both books and hands, and experiment with the information to establish truth and usefulness for yourself.

Now, the heart line is the major line that runs from the percussion below the finger of Mercury, usually ending anywhere from under the Saturn finger all the way to the edge of the hand below Jupiter. (*See Hand Map, next page*). You will often read of it as running the other direction. A number of readers read it this way. Don't be confused. One way or the other, the information will probably end up about the same. To my sight, however, the line is usually slightly wider under Mercury, tapering somewhat as it progresses across the hand. It makes sense to me to read it that way, and it just feels right to me. Many (though not all) hand analysts today agree.

I have looked at a lot of different views on what the heart line represents. I will be mentioning some of these, and, while I concur with many basic tenets in the various interpretations, at the International Institute of Hand Analysis we also have some fairly unique views. Since you can read other people's books yourself, I want mainly to communicate the way we tend to read the heart line.

Feelings. Emotions. Expressiveness. Appropriate words to use when speaking of the line of the heart, for this is the "wiring" that shows one's way of being emotionally in the world, of expressing or displaying one's feelings. The heart line gives

Continued next page...

...continued from previous page

information regarding the state and health of the emotional body (which, though unseen, is every bit as real as our physical one and often affects it dramatically), as well as the preferred style of responsiveness in relationship. Some also look to this line for information regarding sexuality, which, of course, is an issue of feelings and relationship.

(There is substantial literature about the heart line as a monitor of the condition of the physical heart, too; but I believe that aspect to be beyond the scope of this article, not to mention those without appropriate knowledge. A mistaken health diagnosis can actually be harmful to someone in the open condition of having a hand reading, and I would suggest sticking to other realms of information unless you have appropriate skills. In any case, spirit, mind, emotions and body are intertwined, and change on one level can affect the others anyway.)

Basically, there are two types of heart line, flat and curved. You will find this similar to what you have learned of the head line. The flat heart line is the more mind-oriented, logical or linear type, and the curved is the more feeling-oriented, associative, expressive type.

Elizabeth Squires, in her book, *Fortune in Your Hand*, says of those with a flat heart line that they experience "...a more idealistic and mental type of love, like the couple who 'looked adoringly at each

other more than they kissed"¹. The "flatties" do like to *think* about feelings. Judith Hipskind describes the curved heart line thusly: "...it shows a need to act out and express what is felt. A person with a curved heart line will be very demonstrative."² The "curvies" prefer emotional stimulation and enthusiastic expression!!!

Next, the curved and flat heart lines can be broken down generally into two further types: Jupiterian and Saturnian. This is based upon the finger under which the heart line ends. So, we end up with four basic heart lines: curved or flat Jupiter and curved or flat Saturn.

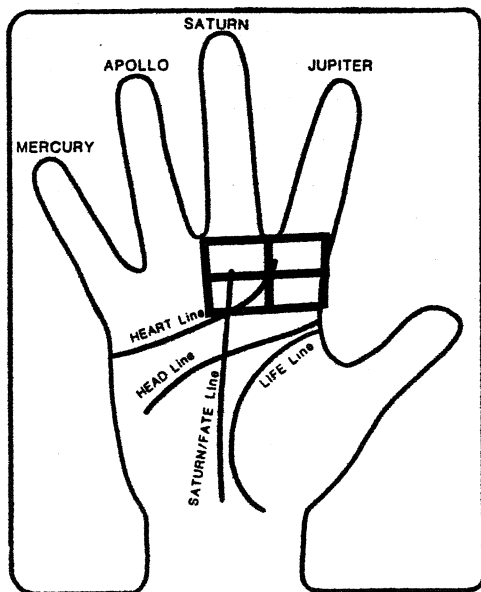
Look at the hand map. You will see a grid of four squares over the heart line ending zone. We have found this grid to be a useful tool for accurately identifying the heart line. While developing your eye, you might even draw it on the hand with a pen. Most people don't mind this. Endings in the boxes below Jupiter would give a curvey or flat Jupiter heart line, and under Saturn, a curvey or flat Saturn heart line.

The trick to this lies in gaining a feeling for the major thrust of the line. For example, I have found there is a difference between a line that looks as if it will be a curvey Saturn line, but part way up makes a quick detour towards Jupiter. (In the former case, I have found the person is actually a curvey Saturn type, who tries to operate behind a cover of curvey Jupiterness.) Of course, a heart line can also straddle the middle, or there can be fork giving a combination of qualities. Is one prominent, or do they all carry equal weight? (How would it be to have all those emotional selves at one's inner emotional Board Meeting?) Anything is possible and lines are often complex, although I find a clear type usually emerges.

You may be asking, "Well, fine, but what does this mean?" I will translate from Palmese to English for you, running through each of the four types. Once you have the basics, you can work out combinations for yourself.

Figure 1 shows an example of a curvey Jupiter heart line. You will notice that the line comes up just to the Jupiter side of the midpoint between Jupiter and Saturn. Since it is comparatively unusual for a curvey heart line to reach as far as the middle of the Jupiter finger, reaching past the midpoint is enough to make it a Jupiter heart line.

Continued next page...





Curvey Jupiter (Figure 1)



Flat Jupiter (Figure 2)

Note also the strong horizontal that looks as if it had been scrawled from the starting point of the head and life lines across the heart line where it begins to curve upwards. Another thing to notice on this hand is that the heart line is seriously unravelled, while the head and life lines, after some static at the beginning, are relatively clear. Yet this unravelling heart line has more energy in it than the other two put together.

Just using this information, the lines we've studied so far, I feel this person learned in childhood to hold himself in check emotionally, stifling his urge to be exuberant and be emotionally closed to people. I feel he came to believe that feeling expression is somehow dangerous, the hook for such a belief being the cautious, shy side of his nature (head and life lines joined for more than an inch).

He tries to give a calm, rational outward appearance, belying also the curve to the headline, and achieves this best when he is keeping busy, in control and "getting the job done". His exuberant, expressive, Leo Buscaglia nature barely gets a look in. Stifled, his emotions seem to crackle and change in a choppy fashion and the "telex" is never quite clear to him. He probably looks to his intimates to be the emotional initiators, and tries to match his feelings to theirs, keeping a certain emotional distance. Of course they can never feel things in quite the right way for him. At the same time, he tends to idealize others and puts his loved ones on a pedestal. I feel this conflict makes him feel angry or frustrated often.

In his natural emotional condition, simply put, he would laugh when happy, cry when sad - enjoying and seeking emotional stimulation and the opportunities to express that being together with people brings. His gift to relating is to be the emotional initiator himself, inspiring an exchange of pure feelings.

The flat Jupiter heart line in Figure 2 is somewhat unusual and interesting, in that it seems to be partly composed of some Girdles of Venus (sort of sister heart line we have not covered, which curves across the palm above the heart line, and, among other things denotes extra sensitivity). The lower Girdle of Venus appears to attract the heart line up, breaking it. I have seen flat Jupiter lines that run all the way to the edge of the palm. There is also a free-

Continued next page...

...continued from the previous page

floating fork pointing towards Jupiter, but the main thrust of this line gives me the feeling of a sort of tourniquet, the energy it is "holding in" going into the oversized lower parts of the hand. The heart line is composed of parallel lines, which give a doubling effect. The head and life lines also have a doubled effect, though not as marked as on the heart line. I feel this is a very sensitive individual, who, at the same time, is far more comfortable in his head than in his feelings.

Like curvey Jupiter, the flat Jupiter heart line tends to be other-person oriented, but it tends to be more mental. A nickname we have for it is the Michael Caine heart line; it does not tend to be effusive. The doubling on this man's heart line emphasizes the non-disclosure of his feelings, through a sort of emotional armoring.

Flat Jupiter is one for considering all the emotional response options, plus what the other person's feelings or requests might be, and preparing an enactment of the chosen response. This can be a wonderful gift when it gets communicated. It can also become flat Jupiter spinning the emotional wheels, just acting out the whole relationship in his or her head and then reacting to that inner production, rather than to what is actually happening in the moment. I feel this man has a very sensitive and sensual inner life, but often appears distant, and often tries to alter his feelings to match his ideas of what would be a more "logical" scenario. Conscious reality checks would be helpful here, taking the leap of communicating more about what he feels and wants, without so much censoring. This could be a good practice for anyone, and for flat Jupiter all the more, since he or she tends to react to the world based on the inner scenes.

Flat Jupiter is also thought of as the most romantic of the heart lines. Since he spends so much time feeling, considering feelings and considering his partner's feelings, how could it be otherwise? (Remember, length of anything in the hand symbolizes length of time spent in that mode, and a flat Jupiter is a long heart line.) This is also a great gift, and, again, is double-edged. Flat Jupiter can become overly concerned with trying to make the setting outside match the picture inside, such that

the essence is lost. If something occurs that is perceived to spoil the desired romantic setting, he is more easily knocked off balance than other types. This is especially true if he tries to keep his disappointed, or seemingly out-of-control, feelings to himself. Then the undisclosed feelings and the runaway scenarios they create will tend to change his behaviour, possibly leaving his sweetie puzzled or frustrated.

His challenge is to stay current emotionally by freely instigating reality checks. That is, instead of playing out the scene and all the accompanying feelings in his head, to say right out what is going on with him and hear his partner's reply. Get the process out into the open. He prefers someone else to do this, and would rather be wooed than woo, but he gets lost in the circuits of his mind unless he takes some responsibility. The more he can let go of what he perceives to be the importance of the form, and learns to be in the essence of the moment, the better he will be able to give his contribution: the ability to consider the emotional context and put things in perspective, as well as talent for knowing just when to give the roses.

The curvey Saturn heart line in Figure 3 has a strong sweep right up to the Saturn finger. Notice all the little branch lines reaching over toward Jupiter, however (usually an indication of a Curvey Saturn trying to masquerade as a Curvey Jupiter). Also, the broadness of all the major lines give the shallow river feeling of which I spoke in HA Issue #2, denoting energy spread thin.

I feel this woman so desires to not appear selfish or wanting, that she goes out of her way to put others first and depletes her own energy and health drastically in the process. This also keeps her from having to look too deeply into the matter of what she does really want. She goes along with what everybody else wants time and time again, and I feel she typically jumps into situations without thinking practically, rather like signing a contract without reading it, so as not to appear if you care what you're going to get out of the deal. But this heart line does care, very much, and if you notice the three long branches drooping off the line into the outer Mars area (under the heart line below Mercury, you may surmise that at some level she's very angry. That's not to say she doesn't honestly care about people. In fact, I feel she does.

Continued next page...



Curvey Saturn (Figure 3)

It's just that this heart's first thought is, "How does this affect me?" And what she needs to express is, "This is how I feel and this is what I want." Getting what she wants is less important than expressing what it is. She has learned somehow that this is wrong, and she makes herself think only of others. However, her gift, should she decide it's alright to give it, is to open the door for loved ones also to express real wants and desires by freely expressing hers - a sort of initiator of negotiation, based on true feelings. As things are, she seems to feel "used and abused", in many ways, even though she would like to feel like a healer.

The flat Saturn line person is often experienced by others as cool and distant emotionally, more so than any of the other heart lines. Of course they do feel, as deeply as anyone. It's just that a little contact goes a long way with the flat Saturn heart. It takes longer for this person to warm up emotionally, and then she doesn't spend a lot of time in the feelings and tends to be reserved about them. She would also need a lot of time alone, as these heart lines are wont to do. For emotional stability, they need to be on their own, keep their own counsel, recharge. In her case, she wants to study and think when she's alone.



Flat Saturn (Figure 4)

Interestingly, these folks very often hook up with curvey Jupiter types, the people who naturally love emotional stimulation and want to be together as much as possible. Being so reserved, the flat Saturns may try to hide their needs (if they are in a relationship at all). Instead of assertively asking for alone time, they may find themselves creating upset to get it. One man I know caught himself picking a fight with his wife he knew would make her leave the room. When she had gone, he said, "aah, now I can watch the game", and then realized what he was up to. The challenge would be to say how they feel and what they need so they can have it without the upset.

This woman has a tendency to try to control the emotional atmosphere by trying to change others' feelings at the expense of paying attention to her own (branch drooping towards the life line. This means, for example, always trying to please and soothe an irate friend to stop him feeling irate, whatever she herself feels, so as not to have to confront the feeling of anger in her own experience. When she gets overwhelmed with this im-

Continued next page...

LANGUAGE OF THE HAND

...continued from the previous page

possible task, she withdraws and secretly enjoys being alone. But the whole process feels uncomfortable and unclear to her on an emotional level (feathering and islands on the heart line). It would help her to practice keeping her focus on herself, letting others feel what they may.

Another, allied challenge for the flat Saturn is to learn to open her heart more, and willingly, whilst with the loved one. Giving voluntary emotional response is a good workout for this type of heart. Often, the more expressive partner will start to poke and poke at the more reserved one, just to get a response, any response. By taking responsibility for expressing and for creating alone time, the flat Saturn can ameliorate this sort of situation. A gift she can give to her partner is the example of emotional independence, the ability to like one's own company and be alone without being lonely. Lovingly expressed, this can be a great gift.

(Note: There is another major line, the Simean Crease, which will be covered in the next HAJ. I mention it here because it appears instead of the head and heart lines, one line in the area normally occupied by two.)

So, as with all the other lines, you will look at the quality of the line, as well as the type. Is it deep or shallow? Clear and strong, or stressed in some way, e.g., broken, chained, islanded or frayed? Where is the stress sign located? Imagine you are on a raft, floating along this river of feelings. What would happen at the stress points? Tie this in to the quality of the fingers above the line. Put another way, if someone telefaxed you a message over this wire, and the telefax would reveal your true feelings, what would be your chances of receiving a clear copy?

Now, how does the heart line compare to the other lines? Do they all look like rope unravelling? Is the heart line falling apart while the others look clear and unbroken, or vice versa? This will emphasize or de-emphasize the general quality of the line. Put on your palmistry cap...

You are learning a basic science, and you apply it personally as you read from the hands, as well as the "windows of the soul", trusting your inner senses. Be present in the moment, sensitive to the nuances of your feelings as you sit with a person's

living hands before you. Communicate truthfully your experience as you look at the hands. Choosing your words carefully with an attitude of service, mindful of your responsibility and the open state of the individual, you can be of immeasurable value to another's life, and your own as well.

Whatever type of heart line one has, it is very important to express and be that type in one's life. Of course, you may say, how could that not be? However, it happens a lot in our society that people are fearful of being themselves, particularly their emotional selves. Many people compare the way they feel inside to the way others appear to feel, without taking any 'reality checks', and have distorted ideas about what it means to love and be loved, and whether it's all right for them to feel as they do. If we deny our feeling self for too long, however, we cannot be emotionally fulfilled, and the pain begins to be reflected to us through our own behaviors or those of others in our lives, and through our experiences.

Many of us received negative training from an early age to ignore or lie about or devalue our feelings, thereby incurring various levels of injury to our emotional bodies. The state of the heart line, and its relationship to the rest of the hand, will reflect this injury and the ways we have coped with the pain of non-expression of our true emotional natures. Heart lines are more commonly messy than not, as you may have gathered. A clear, deep unbroken one is actually noteworthy. Of course, as we become well-rounded humans, it is desirable for us to have the ability to choose emotional responses from any of the types, as appropriate to a situation. And, it is also extremely important to start where we are, to express our own type honestly ("whole-heartedly"), and to give ourselves sufficient outlet to be who we are on a feeling level. In fact, this is vital to our health, happiness sense of fulfillment, successful relating—it is really a cornerstone of Life! Each emotional type has a place in the scheme of things, a gift that is necessary to the whole.

I feel it is vital at this time in Earthstory that we make some radical progress in healing our emotional bodies and coming into an ease with our own and each other's true emotional selves. As stated in the book, *Right Use of Will*, "Emotions have a role to fulfill in evolution that cannot be

Continued next page...

denied in favor of the mind or anything else."³ Let's explore that role. Knowing how to interpret heart lines can give us a good start.

Next time time, we'll look into other horizontal lines and start on the vertical lines.

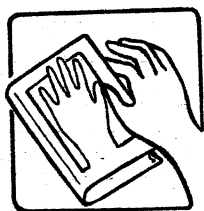
References

1. *Fortune in Your Hand*, Elizabeth Squires, Signet Mystic Books, New American Library, New York, 1968, p. 125.
2. *Palmistry the Whole View*, Judith Hipskind, Llewellyn Publications, St. Paul, Minnesota, 1983, p. 175.
3. *Right Use of Will, Healing and Evolving the Emotional Body*, One World Publications, Albuquerque, NM, 1985, p. 32.



NIKKI RAGSDALE has been reading hands for seven years. She is a graduate of the International Institute of Hand Analysis, where she is currently a member of the faculty and an editor of the Hand Analysis Journal. She has studied metaphysical arts and the psyche for 16 years, mostly in London, England, through her inner teachers, and through the Centre for Transpersonal Astrology, the Astrological Association, the Faculty for Astrological Studies the Spiritualist Association of Great Britain, the College for Psychic Studies, and the Psychosynthesis Educational Trust. She also studied whole-hand Kirlian print reading with Brian Snellgrove and holds a certificate in Eriksonian Hypnotherapy.

Nikki's work reflects her commitment to personal and planetary evolution and empowerment that occurs when people are in touch with their own knowing. She is available for private readings and follow-up changework, classes and lectures, and can be reached at (415) 454-8831.



Book Review

by Candace Barrett-Barger

Secrets of the Palm

by Darlene Hansen

In *Secrets of the Palm's* preface, author Darlene Hansen propounds a theory she claims was received under automatic writing: "The palm sets the background", she postulates, "the fingers set the mood and the lines set the possibilities. They all work together." This introduction sets the tone for the book, an interweave of straightforward hand analysis text and metaphysical theory.

The book is satisfying on various levels. A proponent of Benham's scientific school of hand analysis could savor the text strictly for its easily comprehensible, up-to-date coverage of all aspects of hand reading from the examination of the hand shape and fingernails to the newly popularized study of dermatoglyphs. For those interested in combining the study of palmistry with metaphysics, Hansen meanders intriguingly into the exploration of some original and thought-provoking concepts: the relation of the palmar creases to the subject's chakras, the possible karmic causes of certain "abnormal" markings (i.e., the Simian line), and the reincarnational implications of schizophrenia (could it be possible that certain individuals are involuntarily "tuning in" on several incar-

nations at once, producing the phenomenon we call multiple personality?).

In the segment on medical palmistry, Hansen cites specific illnesses, instructs the palmist on how to detect their presence in the hand, and relates their possible causes (for instance, rheumatism and colitis might be connected to nitpicking, highly self-critical nature). The approach she suggests to combat illness is holistic and threefold: physical—following sound medical advice and health practices; emotional—speaking one's own mind, pursuing creative outlets, etc.; and spiritual—healing oneself through prayer, healing touch, meditation.

The strength of Hansen's writing is evident in the way her spiritual beliefs pervade the text, yet never obtrude on her teachings; rather, they are perfectly integrated with them.

The book starts faltering and gains momentum as it goes on. The first chapters are a little stark; they also show strongly the influence of Judith Hipskind's teaching. Certain passages, especially those concerning the back of the hand, the spaces between the fingers, and hand gestures, seem almost to be lifted from Hipskind's, *Palmistry: The Whole View*.

By the time she reaches the chapter on hand classification, though, Hansen appears to have hit her stride. She integrates the "old palmistry" clas-

Continued next page...

SECRETS OF THE PALM

continued from previous page...

sifications of square, psychic, conic, etc., with Gettings' "element" groupings (earth, air, fire, water), detailing possible occupations and health tendencies for each type, and dealing with the effects of more than one element when combined, as they so often are, in a single palm.

In the chapter on dermatoglyphs, she brings up the Oriental theory which relates whorl patterns to yang energy and loops and arches to yin, and goes into fascinating detail about the personality and destiny of those possessing each type of fingerprint.

Hansen displays an appealing quirkiness, a highly personalized palmistry that uses astrology and numerology in conjunction with the study of the hand. This study comes to full fruition in the last two chapters. In the second-to-last chapter the hands of three couples in enduring relationships are examined and the reasons for their compatibility analyzed. The final chapter covers a unique territory: taking an entire family (parents and six children), Hansen analyzes their handprints and supplies additional information via horoscopes and numerological charts. She explores the reincarnational connections between family members, emphasizing the belief that families are chosen before birth from those the soul has previously known. The data from the numerology charts in particular provides an interesting adjunct to the palm readings; for example, several members of the family under consideration were born with six digits on their hands (the extra digit connected the Mercury finger). Hansen points out the fact that in numerology the number six relates to family responsibility and is often experienced by people who, having abandoned loved ones in previous lives, are now shouldering a heavy burden of responsibility to others. Since one can look at the set of the Mercury finger to find fear of abandonment, Hansen's suggestion that a subject's deviant Mercury could be related back to his own abandonment of others in a previous incarnation is an interesting one. And the correlation between unwanted family duty and the intimacy challenges suggested by a "deformed" Mercury finger is evident.

The comprehensiveness of the Walinski family

study is a good example of the way that merging disciplines can give the reader a more complete picture of his subject. The only criticism that could be levelled at Ms. Hansen's handling of this chapter might be that the numerology and especially the astrological charts are too esoteric and difficult for the layman to follow.

In a more serious vein, there are several references to markings on the Life Line indicating the subject's possible death at the point where the markings occur, references that seem archaic, a throwback to the "old palmistry" approach that encouraged hand readers to indulge in dark predictions and fear-mongering. It seems irresponsible on Hansen's part to charge the student palmist with the power of predicting—however carefully or warily—the death of any individual who has come to him for a reading. These passages ignore the prevailing feeling among today's hand-readers, which holds that no one, including the hand analyst, can know the hour of another's demise; and that even if it were possible to predict a subject's death it would be morally reprehensible to do so, as such a prediction would likely to do nothing but induce fear and hopelessness.

The same can be said for the author's contention that certain markings (for instance, a cross on the heart line) can indicate the "loss or death of a loved one". More viable, and certainly more productive, an interpretation of the marking in question might be that some emotional check is holding the subject back from full expression or realization of his feelings. The first reading (the prediction of death or loss) promotes only terror and a sense of helplessness in the reader; the second could help take a step in the direction of self-knowledge and growth.

Other complaints might concern Hansen's reference to "displaced mounts" and her contention that a mount not placed squarely beneath its corresponding finger indicates the energies of that finger are twisting away from the area where they belong, when other research indicates the natural placement of a mount is under and slightly to the side of the finger. Her correlation of the Girdle of Venus to heart and root chakras is intriguing but garbled, and her description of the attributes of the finger phalanges seems hers alone, underived from tradition or current research (for example, she relates the bottom phalange of Saturn to eccentricity,

Continued next page...

innovation, humanitarianism, and brotherly love, ignoring the established interpretations of closeness to the land, solid moral foundation, and traditionalism; and she offers no comment or explanation for her deviation from accepted views).

Apart from these few departures, Hansen's palmistry is well-researched and clearly derived from modern leaders in the field: Beryl Hutchinson, Judith Hipkind, Julius Spier, Noel Jacquin,

with strains of Hindu and Chinese hand-reading adding to the richness of the picture she paints of the human hand. This strong and varied background, coupled with her own creative, individualistic approach to palmistry, makes for a book well worth reading, and one that may provoke the palmistry student to consider a more holistic approach to his or her own studies.



What is Palmistry? by Ghanshyam Singh Birla

This age-old art and science originated in India about 5,000 years B.C., and was described by the authors of the Vedas, India's most sacred books. The ancient philosophers and seers of that period made minute observations of the human body, and its changes to ascertain if this in any way reflected the growth of the person's personality and the evolution of his soul. Through painstaking and precise comparative study, guided by inspired intuition, it was discovered that a consistent correlation existed between the way a person thought and acted, and the lines and signs on the hands. A remarkable discovery.

We all know that no two fingerprints are identical. But few of us realize that actually the whole hand is unique in its entire pattern of lines.

We all know that no two fingerprints are identical. But few of us realize that actually the whole hand is unique in its entire pattern of lines. The lines are unique because every individual is unique, with his own personal memories, hopes and character traits. And there exists a link between one's personality, thoughts and experiences and the way the lines form on the hands. The lines represent a personalized "signature" engraved on hand tissue by the activity of the nervous system, which of course is linked to the brain, the master-recorder of who we are. That is why no two people's hands can be identically alike. And it is also the reason why careful observation can actually pinpoint meaningful changes in the lines of the hands over a period of time; we are alive and we

undergo changes. Our personality matures, our priorities, career, and companions may change. All this is reflected in the lines of the hands.

The study of the intricate lines and skin capillaries of the hands is what Palmistry is all about. The analysis of a person's hands, when done by a sincere and competent palmist, is a very useful tool to help a person understand himself better. It is like holding up a mirror to the person so that he can see himself more objectively.

And, of course, by understanding himself, a person is less likely to repeat or perpetuate his mistakes. He can make more informed choices regarding his aptitudes for certain kinds of work or study, his dealings with people around him, and many other important aspects of life.

Prediction Versus Prevention

In India, knowledge of inherent free will, and the existence of choice, has always motivated serious forms of self-inquiry such as Palmistry and Astrology, despite periodic over-emphasis on fatalistic predictions by some practitioners. To make iron-clad predictions with the use of such sciences is of little benefit, and in fact can paralyze a person into thinking his "fate" is beyond his control. If, on the contrary, Palmistry is used to point out trouble spots in the person's attitudes and actions, and also to confirm and encourage inherent strengths and potentials, then the person is free to actualize a harmonious way of living, and the future will unfold accordingly. With the approach to self-analysis which we have developed at the Institute, drawing on classical Indian knowledge, Palmistry

Continued next page...

WHAT IS PALMISTRY?

continued from previous page...

serves as a tool whereby an individual can learn to re-channel his efforts. This he can undertake with the assurance that none other than himself is the maker of his own destiny, through his actions and attitudes. The system of Palmistry covers a broad diagnostic scope pertaining to one's development in general, and to special needs. This approach is applied in the following areas:

Practical Applications of Palmistry

(1) Cultivating Self-Confidence

Through accurate study (based on empirical observations of the hands) an analyst can compare innate tendencies with acquired character traits. He can thus indicate the precise ways in which the individual has gone wrong in exercising free will, and how this resulted in undue preoccupations, fears, self-pity or other obstacles. A sense of objective reasoning, conscience, and balanced will power are rare gifts man should enjoy as his true heritage. Palmistry helps man to recognize that abuse leads only to misery and enslavement of all kinds, and offers constructive advice on how to step from a labyrinth of self-defeating approaches to life into the daylight of greater self-understanding and acceptance.

(2) Improving Interpersonal Relations

Misunderstanding of one's own motivations generally leads to unnecessary complications, thereby impairing interpersonal relationships. Objective self-analysis, based on cause-and-effect principles (known in India as "Karma") provides a wealth of information concerning one's mode of behavior. Since the various lines and signs in the hand reveal both one's conscious and subconscious thought patterns, the study of hand analysis provides a deeper understanding of one's subconscious mind, of the purpose behind given situations, or possibly of the existence of a karmic momentum carried over from the past, which can shed light on interpersonal difficulties. Knowledge obtained through Palmistry helps to view situations entirely differently and thus helps to develop an attitude of compassion, understanding, patience and tolerance.

(3) Understanding Your Child

Childhood is the best time to begin to cultivate a harmonious interaction between the young individual and the external world, for at this stage the mind is very impressionable. Accurately identified, the hands of the baby or young child reveal basic aptitudes, potentials, weaknesses, preferences, health conditions, etc. All these help parents to understand and guide their child most effectively.

(4) Marital and Family Guidance

Positive feelings such as love, compassion and loyalty are basic human elements which facilitate harmony in interpersonal relationships. Yet the entire structure of a relationship can collapse as soon as negative emotions and attitudes are permitted to permeate the consciousness, resulting in an unnecessary burden on each partner. Mutual compatibility is the primary concern for a hand analyst; upon this he builds his diagnosis as to whether there is any potential for developing a deeper, more honest and sincere approach to the relationship. Couples who plan to stay together or those who are married and having problems will benefit from this service.

(5) Occupational Guidance

By shedding light on conscious and subconscious thought patterns, aptitudes and capabilities, Palmistry can be a valuable tool in the area of career selection. Since work takes up so much of our time and energy, and has repercussions on many other aspects of our living, it is important to choose one's field of endeavor wisely.

(6) Personnel Services for Organizations

Because Palmistry goes directly to the depths of one's conscious and subconscious mind, the selection and placement of employees' based on morphological criteria will help an employer make the best use of his employees' potentials, thus saving time and improving efficiency and productivity.

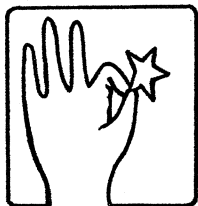
(7) Exploring Spiritual Resources

For any analysis to be complete, a clear discernment must be applied to separating the workings of our egotistical whims versus those motivations which emerge from our very soul. It is only

through the application of the latter that man comes to realize that he is merely an instrument of the Divine Plan of Action, albeit endowed with God-given gifts of free-will, reason and feeling. Each truth-seeker needs continued reassurance and growing inner conviction. The study of the

hand, by arousing the sleeping image of God in each one of us, can aid in quickening our evolution.

Mr. Ghanshyam Singh Birla is the Founder and Director of The National Research Institute for Self-Understanding, Québec, Canada.



Star Hand by Richard Unger

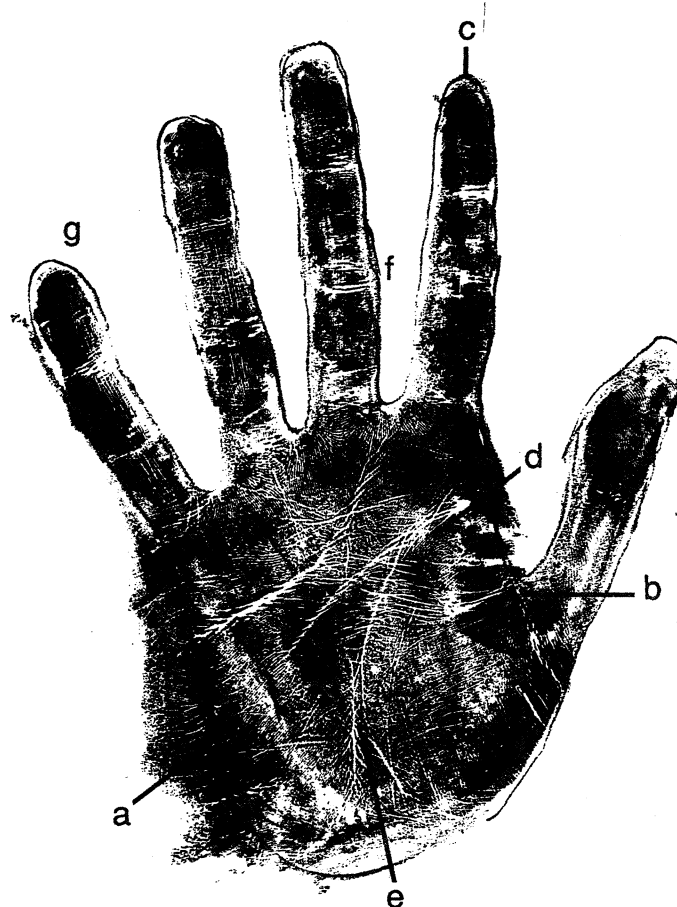
This issue's Star Hand is the hand of the famous aviator, Amelia Earhart, courtesy of Nellie Simmons Meier's book, *Lions' Paws*. Meier describes Amelia as a woman with powers of concentration directed by will, a woman of courage as well as caution.

The first thing I noticed when I looked at this print is the power of the mount of moon (a). It clearly dominates the lower third of the palm, and seems to tilt the entire palm away from the thumb. As a matter of fact, although the thumb appears substantial, with a fine posture, it also is high set (b), as a function of the moon's weight. It reminds me of two kids on a teeter-totter, the one on the ground (the moon) keeping his friend kicking in the air.

When we combine the high ideals of a pointy Jupiter tip (c) (highlighted by it being the only pointy fingertip on the hand) with the imagination of the moon, we are looking at a woman whose dreams can be called visionary. And yet, notice the head line / life line connection (d), the fate line / life line connection (e) and the knots of order (f), all pointing to an extremely cautious personality. I can just imagine the inner debate: "If only we could...but we better not."

The long Mercury finger (g) would consider the possibilities, evaluate the considerations; the curvature on top of the Mercury finger playing the devil's advocate.

Amelia is a woman deeply concerned with her reputation. Not only does she have a high set Jupiter finger (h), but just count the cross lines and chance lines cutting through the line and the mount of Apollo (i). She is a woman of vision; but she is not the type to chance a foolhardy quest—at



least not without careful consideration of all the factors. "But then again—just maybe we could...and think of what the world would say."

Does that big X on the mount of Moon (j) indicate that she finally allows her dreams to outstrip her abilities? Cheiro would remind us of his "Death by Drowning" prediction for the Titanic passenger, whose hand, with a similar X, was displayed in Cheiro's last book.

I would like to think that it represents a woman who dreams of what is possible, a woman who sees the world as the better place it might be, but one perhaps troubled about the role she imagines for herself in helping to brave this new world into being.



The Right Question by Richard Unger

Sometimes people come to see me with a question, but sometimes their question is not the right question.

I was reading for someone recently whose hand indicated that he excelled at personal responsibility. Give him a task, leave him alone, and take for granted the task was complete on time (large thumb, straight, inflexible, 90 degree angle to the fingers; strong, straight Jupiter finger; long, clean, Saturn (fate) line. What a wonderful quality to have in a business partner, co-worker, etc.; but perhaps a bit difficult in personal relationships, given this person's penchant for domination and control. The question that brought these hands to my office was in regards to business; specifically: "Should I stay put in a bureaucratic environment, bide my time, move up the corporate ladder as I'm doing now, or should I branch out on my own, invest my life savings, and not worry whether all my overtime hours are being appreciated or not?" A reasonable question to bring to a hand analyst, but in this case, not the right question.

By checking his fingerprints, I was able to determine that the life's purpose selected by this person was being specifically ignored: family relationships. This person would feel most fulfilled, would gain his highest sense of meaning and purpose through the depth of personal and consistent emotional interaction attendant to a close knit family.

The problem was not the slow pace of advancement in the big company as my client thought, but a shortage of emotional authenticity and connectedness. This is what would have to be faced if my client was to re-orient his life more closely towards his life's purpose. Sometimes, the key to a hand reading is not in answering the client's question, but in reframing just what is being asked.

More than matching our talents, capabilities, and motivations to the marketplace, career questions (and most other questions, for that matter) most often breakdown into "know thyself" questions; and at the deepest levels this calls for an awareness of our soul's intention for our life's work and a willingness to go through the experiences necessary to bring this into being.

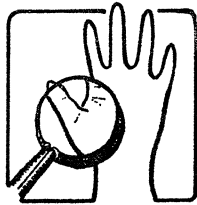
Certainly, this entails risk; but it is the preferred risk. How much better to strive to fulfill that which is our life's purpose—with all the possibility of success or failure—than never to have given it a chance.

I am reminded of a movie I saw on television about a man who tried to do his life's purpose. Without going into full detail, he was supremely qualified, totally dedicated, had the respect and admiration of his colleagues—in short, he had everything going for him. And yet, in the final outcome, he failed miserably. I remember my feelings of shock: surely, after the commercial, some turn of circumstance would allow him the victory he worked so nobly to gain. But that was it. He tried, he failed. I sat stunned. I have a vision. I have dedication. I have qualifications; but he surpassed me, tried even harder than I do, and he failed. How can I succeed? But there is a sweetness too, I found, as I sat there contemplating my own fate. Yes, I finally decided, I prefer to live on a planet where talent, good intentions and effort do not guarantee "success." Because without a risk there would be no growth, no excitement, no story; there would be no reason to live.

Helen Keller said that life should be a great adventure or be nothing. Each one of our lives is that great adventure, and it is up to us to see and attempt it. Sometimes the hardest thing is not in knowing what to do, but in knowing what question to ask;

Helen Keller said that life should be a great adventure or be nothing. Each one of our lives is that great adventure, and it is up to us to see and attempt it. Sometimes the hardest thing is not in knowing what to do, but in knowing what question to ask; and having the willingness to accept the risks involved in hearing the answers. In the case of the hands with which I started this article, was the owner of these hands willing to risk the vulnerability necessary to be an intimate, expressive, emotionally authentic family member? I don't know, but at least the answer to this question is what holds the hope of his fulfillment.





Current Research by Richard Unger

In the last HAJ we looked at the history of the scientific community's attempt to use the lines in the hands as a diagnostic tool, leaving off at Milton Alter, MD, PhD, (1970). In this last of a three part series, we will look at the most successful system of scientific line classification (Chaube, 1971)¹, the most thorough comparison of medical and palmistic points of view (Opitz and Johnson, 1971)², and Dar and Schmidt's topographic system (1976)³.

Let's start with Ramesh Chaube's work. Whereas earlier systems of line classification suffered from lack of detail, too much detail, or substantial errors of identification (see first two parts of this article, HAJ, Volumes #2 and #3).

Ramesh Chaube avoids these problems by focusing entirely on the "origin" (radial) point of the major lines. His system has only three classifications, broken into twelve subclassifications as seen below. (Table #1). This system has produced sta-

tistically relevant data in studies of schizophrenia, cancer, tuberculosis, diabetes, and leprosy⁴; and stands as the most useful scientifically-accepted line system. Its focus on a single variable insures its accuracy. However, for the same reason, Chaube's system is likely to have only limited application. Also working in 1971, but independently, Johnson and Opitz made a study which is particularly noteworthy to hand readers in that it contains the most extensive comparison of "scientific" and "palmistic" line classification available in the medical libraries. In their follow up study of 1973, these two pediatricians conclude: "The inspection of palm creases should be a routine part of a pediatric examination."⁵

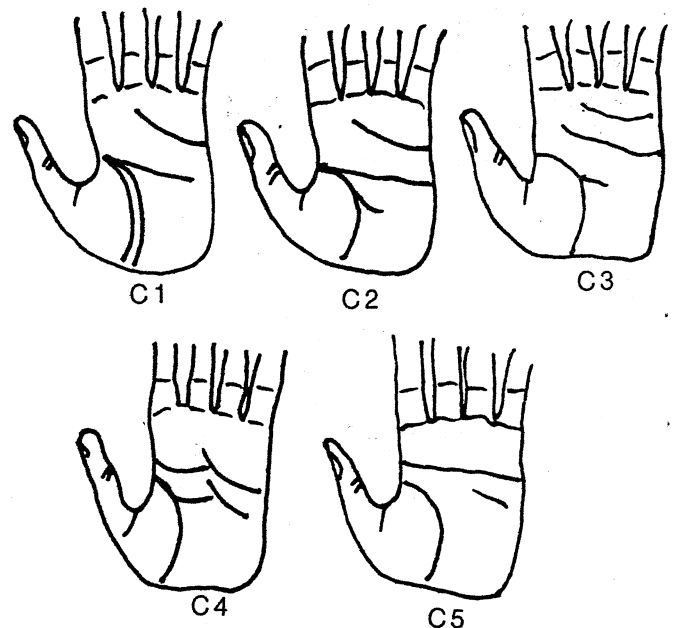
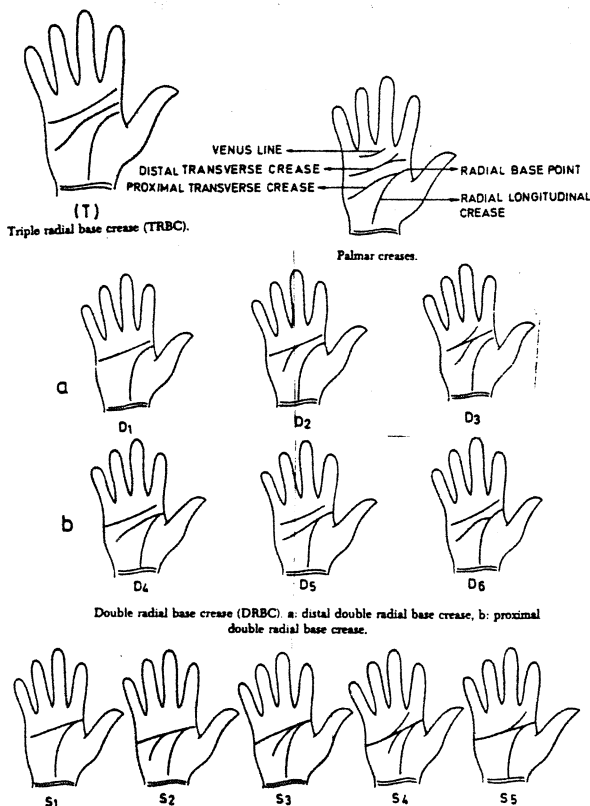


Fig. 1: Lieber's Types

Excited by their summary and the wealth of standard palmistry that caught my eye, I eagerly sat down to read through their work. I was hoping they would make use of some of the palmistry I know, in a medical context. This is what I found: Johnson and Opitz look at Lieber's (1960)⁶ work and correct some of his most glaring difficulties. They provide fairly accurate "palmistic" interpretations of Lieber's C1, C2 and C3 types (Figure #1).

For instance, they describe the "palmistic" interpretation of the C1 type as a hand of resistance or vitalism, a much more accurate interpretation of the double life line than Lieber's "unequivocally pathological"⁷ designation. Although the lines Johnson and Opitz refer to as lines of personal

Continued next page...

...continued from previous page

effort actually go from the life line up to the finger of Saturn, and not across the palm as shown in the diagram (see arrows, Figure #1, C2 and C3), after having read Milton Alter, this seemed a minor error.

Johnson and Opitz give accurate descriptions of a palmistic interpretation of Lieber's A, B, and AB types (A type: head and life lines joined for two inches = timidity; B type: head and life lines unjoined = independence and impulsiveness; AB type: head and life line joined approximately one half inch - balanced nature). They also give a reasonable, but simplified, view of the Sydney line (see Figure #2, below), a line that has been medically associated with childhood leukemia.

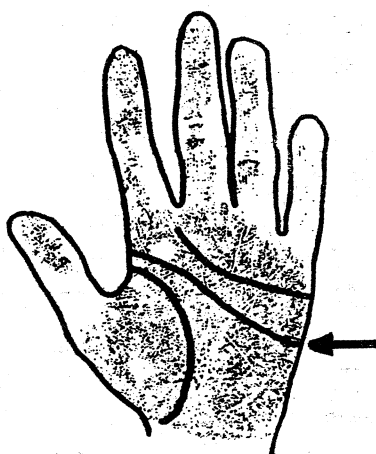


Fig. 2: Sidney Line

Although Johnson and Opitz do not attempt to put hand reader's interpretations of the major lines in context with hand shape, thumb, etc., they do discuss hand reader's view on the lifeline (e.g., island's = physical or nervous stress), head line (e.g., straight = logical, aloof; gaps = lapse of judgement), and the heart line (e.g., too long = a person at the mercy of their emotions). As opposed to most of the articles I read, the authors appear to have taken the time to become at least somewhat familiar with basic palmistry.

However, as I soon discovered, Johnson and Opitz's purpose is not to laud palmistry nor to make use of its data base in pediatric exams. They merely consider it ironic that it coincides in any way with their work. Johnson and Opitz show an

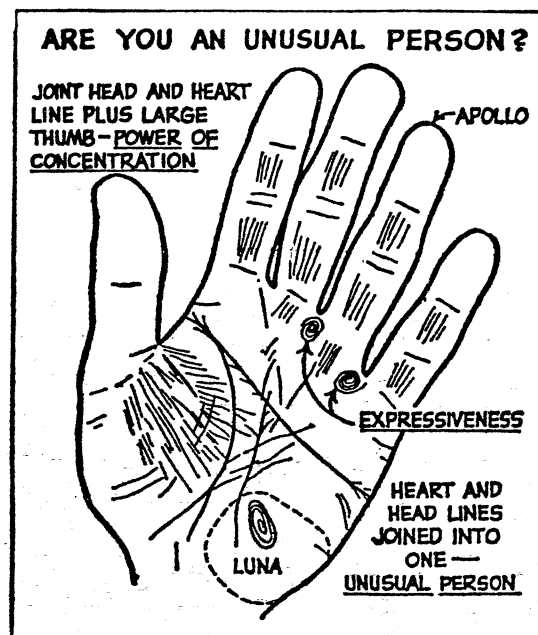


Fig. 3: "The single palmar crease as viewed by a cheiromancer"

entire page from *Fortune in Your Hand*, by Elizabeth Squire, (page 102)⁸, (Figure #3), and then go on to say: "The single palmar crease as viewed by a cheiromancer. Medical investigators have found the single palmar crease to be associated with a variety of syndromes and congenital abnormalities. Here, in an illustration taken from a book on cheiromancy, the heart and head lines when joined indicate an unusual person. In this one instance, the cheiromancer and medical examiner are in complete agreement, for a child with a single palmar crease may indeed be unusual."

Johnson and Opitz then give their data: a study of 276 children with a variety of disorders, and 150 well children. They found a higher incidence of congenital abnormalities (52%-30%), borderline retardation or lower IQ (52%-33%), and certain types of problem pregnancies (infection and bleeding) in the single palmar crease (also known as the simian line) cases. They also found a lower incidence of prematurity and delivery complications. They conclude that the simian crease suggests some insult to the fetus in the first trimester and that normal looking infants with the simian line should be watched carefully for later difficulties. I would have liked to have seen figures on the above average IQ's of single palmar crease hands included in the study. I think it is important to add

Continued next page...

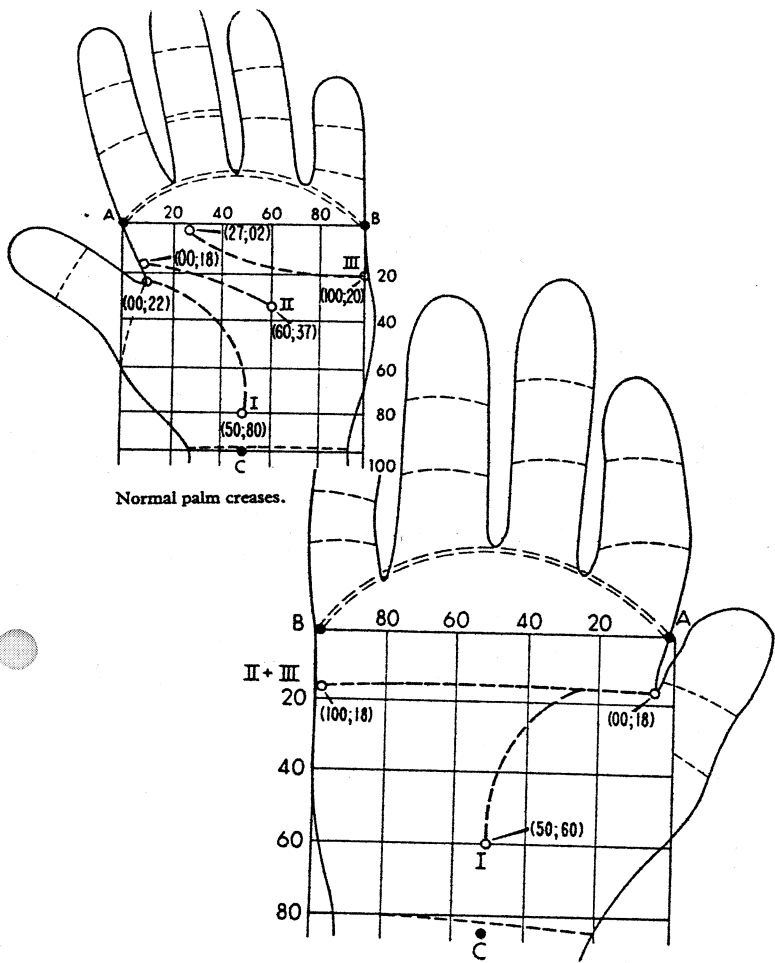


Fig. 4: Dar and Schmidt

that in my experience of hundreds of hands with the simian line, in almost all cases, these clients were at least of normal intelligence, and some were exceptional.

While not disputing their data on retardation, nor their conclusion regarding the value of hand analysis to the pediatric exam, I do take issue with Johnson and Opitz regarding their definition of hand readers as "non medical people who use the lines in the hand to predict the past and future," and also on their treatment of Elizabeth Squire's analysis. Squire included several other markings (i.e., Big thumb, long upper Apollo, whorls on the Moon and under the Apollo and Mercury fingers) before reaching her "unusual person" conclusion. Nor is she attempting to discuss the simian line and its implications in detail, a topic covered much more fully in many palmistry books.

In overly simplifying and misrepresenting her interpretation, Johnson and Opitz misrepresent all of hand analysis. Their slight is all the more deep in that they have appeared to go to such lengths to understand palmistry's viewpoint. It seems to me, they had their conclusions in mind before they investigated.

The last system at which we will look is that of Dar and Schmidt (1976). They are the latest to propose a uniform system of classification. They write: "As the variability and possible clinical significance of palm crease abnormalities receive greater attention, an accurate and objective method for evaluating the palm crease variants is required".⁹

Well said. Their approach seems so obvious, it is surprising that scientists have not attempted this before. Noel Jacquin, in *Secrets of Hand Reading*¹⁰ used a similar method in the 1930's. Dar and Schmidt draw a network of coordinates over the palmar surface and then measure line variables. (Figure #4)¹¹. Their research is promising, but seems to have been passed over by their colleagues for no apparent reason.

Dar and Schmidt also studied newborns at risk in 1977¹². In this study, they ignore their own prior study and go back to the shotgun approach of Lieber. (Figure #5).

As it now stands, the medical profession is still in search of a workable scientific system of line classification; one that is detailed enough to yield sig-

Continued next page...

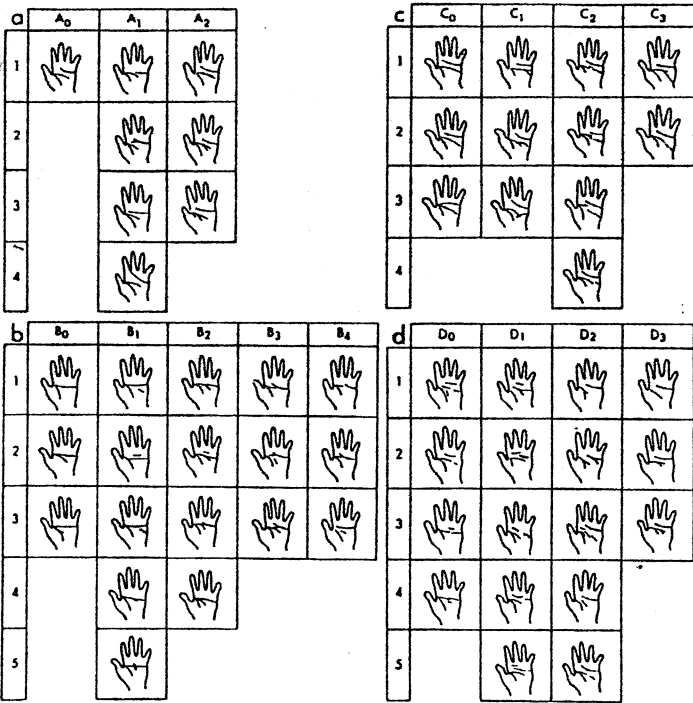


Fig. 5: Palmar crease variants; Dar and Schmidt

CURRENT RESEARCH

continued from previous page...

nificant data, and yet simple enough to be used by the average doctor without lengthy training. Someday perhaps, they may reach for the system that has survived thousands of years and find that, with maybe some minor revisions for their special needs, their answer has been patiently awaiting them.

Footnotes

1. "On the Formulation of Palmar Creases", Chaube R., and Bali S., *Z. Morphol. Anthropol.*, 63 (1), 121, 1971.
2. "The Single Palmar Crease and its Clinical Significance in a Child Development Clinic", Johnson CF, MD and Opitz E., *Clinical Pediatrics*, 10 (7), 392, 1971.
3. "Topographic Approach for Analysis of Palm Crease Variants", Dar H., and Schmidt R., *Journal of Medical Genetics*, 13:310, 1976.
4. "Palmar Creases and Schizophrenia", Chaube R., and Bali S. International Symposium on Human Genetics, Waltair, India, 1971.
5. "Unusual Palm Creases and Unusual Children", Johnson CF, MD and Opitz E., *Clinical Pediatrics*, February, 1973, 101.
6. "Zur Systematik und Klinischen Bedeutung des Menschlichen Handfurchenbildes", Lieber B., *Z. Menschl. Vererb. Konstit.*, 35:205, 1960.
7. Ibid.
8. *Fortune in Your Hand*, Elizabeth Squire, New York: Signet Books, 1968, p. 102.
9. Dar and Schmidt, op. cit., p. 311.
10. *Secrets of Hand Reading*, Noel Jacquin, Bombay: D.B. Taraporevala Sons and Co., LTD, 1936.
11. op. cit. p. 310.
12. "Palmar Crease Variants and Their Clinical Significance: A Study of Newborns at Risk", Dar H., Schmidt R., and Nitowsk HM, *Pediat. Res.*, 11:103, 1977, p. 105.



Child Psychology and Cheirolgy by Terence Duke

In present times children have to live within, and face up to, challenges which have no precedent in the experience of their parents. It is not surprising that our theme is of interest and relevance. A generation or so ago another set of children had to go and fight a war. Their experiences and responses to its after effects were perhaps a cause for the modern condition. Without doubt there seems much to me within modern day child psychology that is off-beam. Many parents desperately wish their children to be little adults and credit them with the wishes, desires and sometimes abilities, of full grown adults. One result of this is that their children miss out on a full childhood. Instead of playing games, they are condemned to music lessons, private tutors, acting schools, etc., etc. Childhood is a very important part of growing up and of gaining a full experience of our nature at all its levels and subtleties. If the happy dreams of our childhood days are marred or disturbed by the wishes and needs of adults, we develop protective shields to offset such influences. We may retreat into an inner unspoken world to which no one is privy. If this becomes our predominant attitude, we experience, eventually, communication problems. These may radically affect how we are in the world and alter our professions, hobbies, attitudes

and relationships.

When confronted with such problems, a cheirolgist's job is to first find out what is the likely cause of such difficulties. Can we determine where or how a child begins to suffer because of his parents? Cheirolgy says yes, we can. If we can elucidate some of the causal forces in a child's development properly, we can help mend any upsets which occur and be guided in our dealings with children (especially our own) in the future.

The development of awareness regarding the particular susceptibilities of a child becomes very important in any dealing with him or her.

Childhood is not an adult condition. As obvious as this may seem, some do not appear able to appreciate that the manner in which a child experiences the world bears little comparison with that of an adult. Young babies more resemble lion cubs than adults. They are very simple in their demands and quite loud if they are not met! Regularity is the key to a young baby's life. A baby does not necessarily recognize its own mother or father. It does recognize its food and heat sources. Sound attracts it but it is not aware that this may be language. The sense of security is a highly developed one which exists conjoined with other concepts unknown to a

Continued next page...

baby. Babies get upset when their parents argue out loud. Not because they understand what is going on and it disturbs them but more because it means their food is late, or cold, or non-existent. They may not get their regular cuddles or their cuddler may have a stiff body or different tone of voice. Any disharmony in a previously set harmony is known to a child if it directly affects them. Awareness of disharmony is directly related to the development of the child's self awareness, that is its ability to differentiate its existence from that of others in a manner conducive of granting its personal wishes. Self awareness is the innovatory experience of the child's ego. Until it dawns, the world is a warm and comfortable place.

The early stages of childhood are indicated in the beginnings and course of the major lines. The majors deal with our responses to our own early experiences and show both what they meant to us and how we remember them. The Major Earth (ME-'Life') and Major Air (MA-'Head') lines especially indicate the source of our personal patterns within childhood. They describe the degree of mental autonomy or dependence we maintained within us. They indicate the degree of preoccupation we maintained to both the world around us and to ourselves. ME and MA show the pattern of our mental and physical interaction to the world at large. They also show if such interaction was unusual, or disharmonious in nature. The quality of these lines shows the qualities and impulses of our interactive capacity within childhood days.

The various elemental predominancies in these lines indicate preoccupations with the four main sources of experience available to a child:

| | |
|--------------|--------------|
| <u>Earth</u> | <u>Water</u> |
| Food | Cuddles |
| Sleep | Clothing |
| Rhythm | Drink |
| <u>Fire</u> | <u>Air</u> |
| Warmth | Sound |
| Parent Roles | Light |

The sense of independence from the home and parental environment is indicated by the emergence of the minor earth line. It indicates the nature or degree of personal autonomy within the

child (or its lack).

The earlier in the palm it appears, so the earlier the child forms its own opinions regarding its environmental influences, be they human or natural. Its appearance suggests the beginnings of the ego within the child and thus the development of both its own instinctive needs as well as its distinctive desires.

Various patterns emerge from a consideration of the common possibilities-

MA tied to ME at source: (passive)

Sound strongly influences the child most. Its attention is easily captivated. Parental/Home influence is strong.

ME tied to MA at source: (active)

Suggests an early formation of the ego. The child will preeminence its ideas and may dislike its body.

MA and ME tied equally:

Both the above features are strong but are modified by the strong influence of the home environment.

ME and MA separate:

Air high from Earth = Mental awareness and independence are strongly formed. Stubbornness of will.

Earth high to Air = Bodily awareness is strong as are desires for comfort, foods, etc. Will notice readily any disturbance in the rhythm of their supply.

ME and MA normal placement:

Both the above are present but in reasonable quantity. Then nature will alternate between two dependent upon the environment or parental attentions.

There are three main sources of the minor earth line formation. For the purposes of this theme we can identify them with three distinct sources of activity and motivation:

- (1) Commencing from the water quadrant area.
- (2) Commencing from the earth quadrant area.
- (3) Commencing mid-way between earth and water quadrant areas.

Position (1) indicates a strong, parentally based or originated, set of values. This is often manifest via the parent opposite to the sex of the subject (such a parent may not be the favorite of the subject).

Continued next page...

Position (2) indicates the home or domestic influences and values around the child are strongly involved in the formation of inner security.

Position (3) indicates that the child's self-conceived personal autonomy is the overriding factor in the development of personal security and balance. This formation often occurs when the child manifests a temperament which is radically different from both that of its parents and environment.

Slight leans or curves towards these areas show the moderating influence of the respective sources of security and self esteem. Of course, in a baby, these sources are not so prominent in temperament, they relate more to special areas of the child's attention, in which the child is sensitive. In (1) a baby responds more to physical contact. In (2) to domestic rhythms and noises. In (3) the child will prefer to not have too much 'fussing' going on around him or her. They may even respond with mighty howls! Later in life they will be natural rebels and it is best to not over-restrict such children in their hobbies or choice of friends, etc.

Generally speaking, the child's favorite parent is likely to be the one possessing hand shape elements opposite to that of the child's. Thus if the subject has water or earth shaped hands the favorite will probably be the father. If the subject's hands are of the fire and air elements the favorite is likely to be the mother. One should, of course, compare the hand elements of both the active and passive hands to determine any progression or changes which have taken place. This favorite parent is more likely to be the source of the emotional values of the subject, in fact what is termed a 'role model' for interpersonal relationships with others in general.

This factor should be noted when evidence of disturbance is found within the minor Earth line. Its explanation may be that the parent relationship is also disturbed or that the subject's chosen model in fact resented him in later life. Parental divorce is another factor to consider here.

In all cases the degree of self autonomy evident in the minor Earth's commencement shows to what degree or in which manner the subject can reorient or nullify any disturbing influences.

As is usual in cheirology one should examine the

subject's thumb to determine if the capacity to persist in overcoming personal difficulties is evident. The top phalange being stronger tells you that the subject has the determination-but not necessarily the motivation. The lower phalange being stronger tells you the subject may have the motivation-but not necessarily the determination.

The quality, and therefore orientation, of the child's desires and the degree of autonomy must be considered if lines are observed to be disturbed or interrupted in any manner. Often the source-itself generated-can be determined by examination of the particular qualities and attributes of the ME and MA balance. This can show the causal impetus by and through which the child perceives or relates his or her desires toward the world at large.

Minor Earth ('Fate')

The minor Earth line describes the degree of personal autonomy generated by the subject when he or she is capable of forming and perceiving self distinctiveness from the outer world of experience. It describes the internal image the bearer has and how he or she uses that in order to adjust and work with other persons. Its origin reveals the formative impulses in creating this image and thus, indirectly shows the degree to which a person can work from realities or projected images when dealing with other persons. The origin of the line determines the instinctive and usually unchangeable orientation inherited by the bearer. Determining this enables the cheirologist to see whether the style and manner of a subject corresponds with that original impetus. If it does not, mental projection is to be suspected. The subject may see the world as being how he wishes it to be, not as it truly is. In many cases this is not a bad trait. It enables us to be optimistic in orientation. In cases where psychological disturbance or maladjustment of personality is found, it becomes more significant, as it may give a clue to the most effective method of treatment or cure.

In children, disturbances in this line affect their inner world and can cause their development to become slanted or imbalanced in some manner.

When minor Earth appears early (low down in palm) it shows the early development of self-and-

Continued next page...

other distinction. An appropriate degree of self autonomy will be evident in the child. It can often be highly perceptive or intelligent (the two are not identical). It can also be extremely stubborn and demanding!

If this line is absent in its early part, it reveals the child is strongly dependent upon the domestic and parental environment. It will see itself more in their terms and needs, not just its own. This child will need more attention from its parents, as such attention is more significant to it.

Disturbances in the early part of the line indicate illnesses or preoccupations which have or will alter the personal social and relational psychology of the child, as it grows its personality, will form to accommodate such alterations as they are experienced.

As a child grows up it develops the capacity to supercede these formative influences, be they good or bad, and sublimate them with other and more current desires or goals. This is why it is important to have a full, in experiential terms, childhood. One that has been allowed to develop wisely and in accordance with the child's predispositional tendencies.

The failure to do this may result in certain parts of the child's make up being rendered ineffective or inoperative. In later life this may be a severe handicap to personal happiness or growth.

Discordant and Other Layouts

Some of the combinations involving the various different formation of the ME, MA and minor Earth (mE) lines can be schematised for easy reference thus:

ME and MA tied/mE from self (3): The home and parents are a strong role model for the subject but they see themselves as needing an independent base of operations. Such a child feels easily restricted by others who have authority.

The subject must feel free to choose the effect/influence the parents have over him (or her). It is common that the birthright is felt to be inadequate for the subject's goals.

ME and MA wide/mE from self: The child is very independent, requiring tolerant parents. Freedom of expression should be supported or else rebellion will ensue later on. Such a combination shows the subject has the capacity to present themselves to

their parents in images not actually indicative of their real nature. They are self-motivated and resent interference.

ME and MA wide/mE from home (2): This child seeks freedom of thought and expression with others but is reliant upon the home and family for inner security and personal balance.

ME and MA wide/mE from parent (1): As previous, but the subject draws their security from parental approbation (one or other). Divorce greatly affects these subjects and undermines their overall confidence in others.

ME and MA tied/mE from home: Strong identification with parents, home area and/or friends. Often sees their duty as propagating the family or environmental values for posterity. Conservative, lacks independent views.

ME and MA tied/mE from parent: Seldom attempts to seek a separate identity from parent(s). Applies parents values within own life. Models sense of security upon that favored or taught by family rather than 'outside' life experience. Domestic patterns are important to their confidence and esteem.

Whenever minor Earth is tied to the home base, domestic security is a strong factor in the subject's character. They will seek to create or preserve it wherever they may be. In a child's life this may mean they play up to one or other of the parents in order to maintain domestic peace and order. This is, of course, especially true if the parents are frequently arguing, etc.

Where minor Earth stems from the 'parent' source, relationships with the parents are the source of personal security; thus, later in life, a child may seek a mate who resembles one or other of the parents—be it physically or psychologically.

In both instances parental upsets or arguments, etc., have the effect of unbalancing or undermining the child's sense of security and continuity.

Children with minor Earth coming from the 'self' base are much better equipped psychologically to weather domestic storms and upsets. They regain or reassert their individual balance rapidly and seek mollifying factors outside of their homes.

Continued next page...

Children with Major Air separated from Major Earth can adapt psychologically but not always emotionally to domestic upsets. They may take sides with one or other of the parents and are thus susceptible to partisan influences.

From *Journal of the Cheirological Society*, Vol. I, #2, Feb. 1987, (Great Britain), by Dr. Terence Dukes, Head Lecturer, Cheirological Society, London, England.



Palmists' Poll

Fellow Hand Reader:

If you were sitting in our living room now, perhaps a cheery log fire flickering patterns on the hearth, an interesting conversation in progress, we might well be asking each other questions such as these...

- "Which way do you see the heart line travelling. Is this important?"
- "Which way does the life line run, and what does this mean to you?"
- "How do you see the role of prediction in reading?"
- "What is your favorite palmistry book, and what do you like about it?"
- "What place do you see for hand reading in the 21st century?"

...but, since you're not in our living room just now, write to us instead. Let's hear from you. We'll print the responses in our next issue, including questions you would like to put into the *Palmists' Poll*.

Knowledge obtained through Palmistry helps to view situations entirely differently and thus helps to develop an attitude of compassion, understanding, patience and tolerance.

June 11, 1988

Occasion: Presentation of Certificates, for the International Institute of Hand Analysis One-Year Training Program and the Teacher Training Program, 1987/1988.



Those pictured, left to right: Barbara Miller (One-Year), Shirley Peterson (One-Year), Richard Unger (Director), Nikki L. Ragsdale (Teacher Training). Jean Worth (One-Year) and Elisa C. Redfield (Teacher Training) could not be present at the ceremony.

Congratulations, everybody!

In 1988/1989, we chose not to offer a one-year training program at the International Institute of Hand Analysis. It seemed that everyone involved was experiencing great life changes, and we took a break. However, we are happy to say that a very bright and talented class of 1989/90 began in May of 1989, and a whole new set of palmists graduated at the opening class of the 1990/91 year-long.

If you are interested in joining a year-long course of study at IIHA, please call (415) 331-9922.

CALENDAR

Call (415) 331-9922 for details. Listings are free to subscribers.

| | |
|------------------|--|
| September 8, 9 | Lecture: Blueprint for Life Sacramento Whole Life Expo |
| September 14 | Harmony Restaurant, Redwood City, California |
| September 16 | Lafayette Orinda Presbyterian Church |
| September 28 | Lecture: Influence on Soul Psychology Mind Being Research Foundation, Palo Alto, California |
| September 29, 30 | Workshop: Dermatoglyphics and Life Purpose Creative Awareness Center, Sacramento, California |
| October 13, 14 | Hand Analysis Intensive - New York City |
| October 27 | Palmistry Forum - Sausalito, California |
| November 3, 4 | Beginning One-Year Training Program - first time in New York City |
| February 23, 24 | Hand Analysis Intensive - Marin County, California |
| April 13 14 | One-Year Training Program - Marin County, California |

We invite you to join with us and participate in the emergence of hand analysis into the mainstream of public awareness. If you enjoy reading about hand analysis, if you would love to write articles about your own experience and study of hands and have them published in the HAJ, or if you just love the idea of the Journal and want to support us in producing it, you can subscribe in these ways:

1. Subscriber. \$16 for four issues
2. Supporter. \$50 for four issues, plus 10% discount for a year on most events, books, and other products offered in the HAJ
3. Sponsor. \$100 for the same as above, plus a free subscription to the person of your choice
4. Benefactor \$1000 for everything above, for the rest of your life (or ours, and we want to be around for a long time!)

Yes, I want to support the *Hand Analysis Journal*.

Name _____
 Address _____
 City _____ State _____ Zip _____

- Subscriber \$16
- Supporter \$50
- Sponsor \$100
- Benefactor \$1000
- I am currently a subscriber.
This is my *new* address.

Make your check payable to HAJ and mail to:
Hand Analysis Journal, P.O. Box 1313, San Rafael, CA 94915. Many Thanks!

Are you moving? Please take us with you. If you are already a subscriber and your address has changed, or will be changing soon, let us know by filling in the slip and sending it to the HAJ, so we can be sure your copy of the Journal will reach you.

International Institute of Hand Analysis

Purpose:

To expand the role of hand analysis in personal and planetary growth.

Goals:

- Hand Analysis Training • Public Education
- Research and Information Exchange • Public Education

For more information about the Institute of Hand Analysis, including workshops and classes, contact:
Richard Unger, Director, Box 1313, San Rafael, California 94915 (415) 331-0022

Richard Unger

Founder and Director of the International Institute of Hand Analysis, has read over 36,000 pairs of hands and is one of the foremost authorities on hand analysis in the world today. He began teaching at the State University of New York at Binghamton in 1969 and taught at the Esoteric Philosophy Center in Houston, Texas from 1975 to 1983. In 1985 he founded the International Institute of Hand Analysis in Marin County, California, and currently serves as its director and as co-editor of the Hand Analysis Journal.

